

# Healing Elements

## **SIGNATURE MASSAGE • \$65/60min. • \$80/75min. • \$95/90min.**

Rejuvenate your mind and body with light, medium, or firm pressure using various kneading and friction techniques to boost circulation and ease muscle tension. 🌿

## **HEAD TO TOE • \$130/90min.**

Get pampered from head to toe. This service includes reflexology (Epsom salt foot soak and scrub) and a scalp massage, followed by a Swedish massage. 🌿

## **SCRUB YOUR STRESS AWAY • \$140/90min.**

Begin your service with a foot scrub (Epsom salt foot soak), followed by a back treatment (cleanser, scrub, and steam), scalp massage, and a full-body Swedish massage. 🌿

## **HIMALAYAN LOVE • \$120/90min.**

Your body will feel loved with a full-body Swedish massage using our Himalayan salt stones, including a scalp massage and an exfoliating Himalayan salt foot scrub. 🌿

## **RELAX YOUR BACK • \$55/45min.**

Relax as your back is cleansed with an exfoliant, steam, and finished off with a soothing massage. This is the perfect treatment for those who suffer from acne or oily/dry skin. Add a scented scrub for \$5 to enhance your treatment. 🌿

## **NECK, SHOULDERS, BACK • \$40/30min.**

A 30-minute massage that focuses on your neck, shoulders, back, and feet. Great for anyone in a hurry! 🌿

## **AROMATHERAPY • \$100/75min.**

A unique blend of oils combined with light pressure is applied to the feet and back, helping to relieve emotional stress. This session also includes a 30-minute Swedish massage. 🌿